



SHARE
FOUNDATION

Fundación SHARE

FREQUENTLY ASKED QUESTIONS
For the Berta and Juan Viven!
La Lucha Sigue Delegation to Honduras

1) WHAT ARE THE DATES OF THE DELEGATION? February 28 to March 10th, 2025 Delegates arrive in San Pedro Sula SAP Airport on February 28th and departs on March 10th.

2) WHAT IS THE COST OF THIS DELEGATION? The delegation fee is \$1,150. This covers all your expenses in Honduras including all local transportation, meals and housing; and a donation to our hosts. Air fare to and from San Pedro Sula SAP airport is not included.

1st payment of \$100 is due January 15th, this is a nonrefundable fee.

Last payment is due February 15th.

To pay, make out your check to the SHARE Foundation, memo “Honduras Delegation” and send it to SHARE, 2425 College Ave., Berkeley 94704. (Checks are preferred - no fees); or online with a 3% fee at the SHARE website: www.share-elsalvador.org

There is limited financial aid available on a need basis. We have many suggestions of how you can fundraise for this trip. No one should be left behind for lack of funds. Any questions or suggestions please contact Jose@share-elsalvador.org, telephone +1 510 848 8487

3) ARE THERE CONCERNS ABOUT SAFETY?

Honduras has been one of the most violent countries in the region. Our itinerary is developed in close collaboration with local partners, who are aware of risks and mindful to reduce them in every possible way. We will be lodged in secure locations; being part of a group provides some safety.

Nevertheless, it is important to know that with the new government there has been some improvement but there are still some levels of crime, gang activity, and state-sanctioned repression. This is part of the daily reality lived by Honduras and contributes heavily to the continuous flow of people who can no longer live safely at home and who seek asylum elsewhere, including in the United States. This delegation is one of accompaniment, and we encourage participants to consider both the risks and the rewards of this form of activism. SHARE has 44 years of experience organizing delegations to El Salvador and Honduras and has sent over 10,160 delegates. If people are still very concerned about safety, they should not go on this delegation.

Please check and follow the US Travel Advisories travel.state.gov.

4) WHAT ARE THE OBJECTIVES OF DELEGATION?

To remember and celebrate the life of Berta, Juan and all the martyrs.

To be in solidarity with the organized people of Honduras.

To participate in the International Women's day in Honduras.

To return to the U.S. and continue planting the seeds of solidarity.

Each delegate will become a promoter of solidarity, including organizing presentations to share their story, educate their elected officials in Congress, and raising funds to support SHARE's partners in Honduras.

5) WHERE WILL WE STAY?

In Honduras, our program begins and ends in the northern town of El Progreso, about an hour from San Pedro Sula, where we will be hosted at the Sisters of Notre Dame Retreat House in simple, comfortable clean rooms. Meals are simple and healthy, and we will have access to purified water at all times.

6) DO I NEED A PASSPORT OR A VISA TO TRAVEL TO HONDURAS?

A valid passport with an expiration date no less than 6 months from the date you are returning is necessary for travel. U.S. citizens do not need a visa.

7) DO I NEED TO SPEAK SPANISH?

Spanish is not necessary for participation. Interpretation will always be provided.

8) ARE THERE ANY CULTURAL ISSUES OR GROUP NORMS THAT I NEED TO BE AWARE OF? YES:

a. Wearing modest clothing is most appropriate. Women in Honduras do not usually wear shorts. Skirts, capris and long pants work best. Men often wear longer shorts.

b. Alcoholic drinks are not allowed in the retreat houses where we stay, and it is not appropriate to be drinking in the context of so much suffering in the communities we visit.

c. It is possible that particular people may approach you personally for financial help of some kind. Please know that SHARE offers support to organizations not to individuals, which is the best way to be in solidarity. We ask you not to give any person-to-person financial assistance if approached

9) WHAT ARE THE EXPECTATIONS FOR PREPARATION AND FOLLOW-UP FOR THIS TRIP?

Some weeks before the program begins, you'll be asked to engage with study materials that will help you understand the people and places we will visit, as well

as the long history of US intervention. On your return home, we hope you will find many ways to share your experience and what you've learned with your community and engage with your local members of Congress. We will support you with ideas and resources for action and advocacy. Those with skills will be asked to organize presentations, blog, write and contact the media. Delegates in certain areas of the US will be invited to host a community leader visiting from Honduras in the future.

10) WILL THERE BE PREPARATORY CALLS FOR DELEGATES?

Monthly zooms will be taking place every last Thursday of the month starting in January at 4 pm Honduras time. We will be planning delegation outreach, education about Honduras and itinerary and logistics of the delegation.

11) WHO IS SPONSORING THIS DELEGATION?

The SHARE Foundation, at the invitation of Radio Progreso and ERIC, The Women's Forum, and COPINH, is sponsoring this delegation.

12) WHAT IS THE PROPOSED ITINERARY?

Friday February 28th: arrival to San Pedro Sula/Progreso.

Saturday, March 1: trip to La Esperanza

Sunday, March 2nd: 9th anniversary of Berta Caceres in Esperanza

Monday, March 3: Visit COPINH communities

Tuesday the 4th to Thursday the 6th: Travel to Bajo Aguan

Friday, March 7th: National reality and solidarity strategies with the people of Honduras at Radio Progreso/ERIC in Progreso. Vamos a la Milpa harvesting celebration

Saturday, March 8th: International Women's Day with Women's Forum in San Pedro Sula.

Sunday, March 9th: Observing primary elections

Monday, March 10th: Return home.